

WORLD CANCER DAY



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Date : 4-02-2022

World Cancer Day is the one singular initiative under which the entire world can unite together in the fight against the global cancer epidemic. It takes place every year on 4 February.

World Cancer Day aims to prevent millions of deaths each year by raising awareness and education about cancer, and pressing governments and individuals across the world to take action against the disease. World Cancer Day is an international day marked on 4 February to raise awareness of cancer and to encourage its prevention, detection, and treatment.

Cancer is fundamentally a disease of tissue growth regulation. For a normal cell to transform into a cancer cell, the genes that regulate cell growth and differentiation must be altered. Cancers usually arise from an assemblage of mutations and epimutations that confer a selective advantage leading to clonal expansion. One can reduce your risk of getting cancer by making healthy choices like keeping a healthy weight, avoiding tobacco, limiting the amount of alcohol you drink, and protecting your skin.

BONE AND JOINT DAY

